### LUNCH MENU

**WEeks 1 + 5**
- **MON**
  - Grilled Cheese + Grilled Vegetables
- **TUE**
  - Spaghetti + Meatballs
- **WED**
  - Pizza
- **THU**
  - Chicken Fajitas + Rice
- **FRI**
  - Mac and Cheese + Roasted Vegetables

**WEeks 2 + 6**
- **MON**
  - Vegetable + Cheese Quesadillas
- **TUE**
  - BBQ + Couscous
- **WED**
  - Pizza
- **THU**
  - Meat Pasta Bar + Grilled Vegetables
- **FRI**
  - Breakfast for Lunch

**WEeks 3 + 7**
- **MON**
  - Fish Sticks + Sweet Potatoes
- **TUE**
  - Deli Sandwiches + Vegetables
- **WED**
  - Pizza
- **THU**
  - Chicken + Vegetable Lo Mein
- **FRI**
  - Ravioli + Roasted Vegetables

**WEeks 4 + 8**
- **MON**
  - Dairy Pasta Bar + Grilled Vegetables
- **TUE**
  - Taco Bar + Rice
- **WED**
  - Pizza
- **THU**
  - Schnitzel + Vegetable Quinoa
- **FRI**
  - Vegetable + Cheese Quesadillas

- Daily Fresh Vegetables
- Daily Sandwich and Pasta Bar
- Daily Fresh Fruit + Cooked Vegetables

*We are a nut-aware camp. No products containing nuts are served. Please contact the camp office regarding other food allergies. No trans fats are served at camp. Menu is subject to change.*