

# LUNCH



# MENU

	MON	TUE	WED	THU	FRI
WEEKS 1 + 5	Grilled Cheese + Grilled Vegetables	Spaghetti + Meatballs	Pizza	Chicken Fajitas + Rice	Mac and Cheese + Roasted Vegetables
WEEKS 2 + 6	Vegetable + Cheese Quesadillas	BBQ + Couscous	Pizza	Meat Pasta Bar + Grilled Vegetables	Breakfast for Lunch
WEEKS 3 + 7	Fish Sticks + Sweet Potatoes	Deli Sandwiches + Vegetables	Pizza	Chicken + Vegetable Lo Mein	Baked Ziti + Roasted Vegetables
WEEKS 4 + 8	Dairy Pasta Bar + Grilled Vegetables	Taco Bar + Rice	Pizza	Schnitzel + Vegetable Quinoa	Vegetable + Cheese Quesadillas

- Daily Fresh Vegetables
- Daily Sandwich and Pasta Bar
- Daily Fresh Fruit + Cooked Vegetables

*We are a nut-aware camp. No products containing nuts are served.  
Please contact the camp office regarding other food allergies.  
No trans fats are served at camp. Menu is subject to change.*